

**SOUTH  
DERBYSHIRE  
PARTNERSHIP**



# Whatever you're facing Support is available...

**If you are facing difficulty, here are the contact details of places  
you can go to for support**

**Keep this handy guide to help you during the COVID-19 pandemic**

## **Test and Trace**

Support payment of £500 may be available for people on a low income/claiming eligible benefits if required to self-isolate

[www.southderbyshire.gov.uk/test-and-trace-support](http://www.southderbyshire.gov.uk/test-and-trace-support)

Call: 01283 595795.

Please note: current scheme ends on 31 March 2021

## **Jobcentre Plus**

For benefit claims and help with Universal Credit

[www.gov.uk](http://www.gov.uk)

Call: 0800 055 6688

Textphone: 0800 023 4888

Universal Credit helpline: 0800 328 5644

Textphone: 0800 328 1344

## **Citizens' Advice Mid Mercia**

For support including: debt, benefits, and legal advice

[www.citizensadvicemidmercia.org.uk](http://www.citizensadvicemidmercia.org.uk)

Call: 0300 330 9002

## **Derbyshire Welfare Rights Service**

Advice on benefits, including pension credit, and how to claim

[www.derbyshire.gov.uk/welfarebenefits](http://www.derbyshire.gov.uk/welfarebenefits)

Call: 01629 531535

email: [welfarebenefits@derbyshire.gov.uk](mailto:welfarebenefits@derbyshire.gov.uk)

## **South Derbyshire Food Bank**

Food parcels for individuals and families in financial difficulty for

[www.sdcvs.org.uk](http://www.sdcvs.org.uk)

Call: 07458 305 314

email: [projectsupport@sd cvs.org.uk](mailto:projectsupport@sd cvs.org.uk)

**Homelessness advice** for people at risk of homelessness

[www.southderbyshire.gov.uk/homelessness](http://www.southderbyshire.gov.uk/homelessness)

Call: 01283 228773

## **Community Response Unit**

Support for people who live alone and have to self-isolate or who are shielding

[www.derbyshire.gov.uk/gethelp](http://www.derbyshire.gov.uk/gethelp)

Call: 01629 535091

### **Derbyshire Domestic Abuse**

Support for people at risk of abuse

Call: 08000 198 668

In an emergency, call 999

Text: 07534 617252

email [derbyshiredahelpline@theimfoundation.org.uk](mailto:derbyshiredahelpline@theimfoundation.org.uk)

### **Warmer Derby and Derbyshire**

Offering advice on energy bills

Call: 0800 677 1332

### **Green Homes grants**

Grants available to improve the energy efficiency of your home

[www.simpleenergyadvice.org.uk](http://www.simpleenergyadvice.org.uk)

For advice, email:

[environmental.health@southderbyshire.gov.uk](mailto:environmental.health@southderbyshire.gov.uk)

### **Pension credit**

Check your eligibility and apply

[www.gov.uk/pension-credit](http://www.gov.uk/pension-credit)

### **Derbyshire Mental Health Helpline and Support Service**

Call 0800 028 0077

open 24/7, your call is free

### **Derbyshire Recovery and Peer Support Service**

Call: 01773 734989

email: [derbyshirerecoverypeer-supportservice@rethink.org](mailto:derbyshirerecoverypeer-supportservice@rethink.org)

### **Samaritans**

Call: 116 123, your call is free, open 24/7

email: [jo@samaritans.org](mailto:jo@samaritans.org)

### **South Derbyshire Volunteer Force**

Find out how you can gain valuable skills and support others

email: [volunteer@sdcvs.org.uk](mailto:volunteer@sdcvs.org.uk)

Call: 07458 304315

### **Live Life Better Derbyshire**

Free service to help you give up smoking, lose weight and be active

[www.livelifebetterderbyshire.org.uk](http://www.livelifebetterderbyshire.org.uk)

Call: 0800 085 2299 or 01629 538200

### **Active Derbyshire**

Download a free Active at Home guide to help move more at home

[www.activederbyshire.org.uk/active-during-coronavirus](http://www.activederbyshire.org.uk/active-during-coronavirus)

For any issue not covered above, contact the Derbyshire Community Response Unit, call **01629 535091**, 9am to 5pm Mon-Fri [www.derbyshire.gov.uk/gethelp](http://www.derbyshire.gov.uk/gethelp)

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The South Derbyshire Partnership brings together public services, local businesses, voluntary and community groups with the aim of improving the economic, social and environmental wellbeing of South Derbyshire.